

# DRAFT

## North Dakota Developmental Center Future Utilization of Facility September 2, 2008

### Summary of Transition to Community Efforts:

The emphasis of the Developmental Center Transition to Community Task Force has been on funding, community capacity building and community placements. The transition plan has a section on the future of the Developmental Center.

Community and state leaders have expressed interest in the long-range future of the North Dakota Developmental Center. The Department of Human Services Cabinet met on December 11, 2007 to discuss the future of the Center in respect to current transition efforts. The Director of the Department of Human Services endorses a continued function for the North Dakota Developmental Center in the statewide system of care for people with disabilities. Director Olson is keeping the Governor's office apprised of the progress in transition and the future of the Developmental Center. The Superintendent and his management staff at the Developmental Center also met with Grafton Leaders on December 21, 2007 to discuss this proposal and they also endorsed the plan. The current draft of this proposal was reviewed and endorsed by the DHS Cabinet during their July 2008 meeting.

The most recent transition efforts at the North Dakota Developmental Center started in earnest 8 – 10 years ago. It was intensified by legislation in the 2005 session that required the Department of Human Services to transition appropriate individuals from the Center to the community. The population of the Center from 2000 to 2008 has dropped from 160 to 122. (6 other individuals at the State Hospital).

## **Page Two: Future of the North Dakota Developmental Center**

Transition goals after the 2005 legislature as recommended by the transition task force included reaching 117 residents at the Developmental Center by end of biennial period 2005, 97 by the end of biennial period 2009 and 67 by the end of biennial period 2011.

To date the population goals are not being met. We have 122 individuals at the Developmental Center and 6 individuals at the State Hospital. Administration at the Developmental Center is recommending at the October 2008 task force that the goals be changed to 115 for July 2009 and 95 for July 2011.

The enhancement of the CARES Team as a statewide function is well on its way to successful completion.

The Developmental Center has closed the New Horizons Building because of successful community transition efforts.

### **Council on Quality and Leadership and NDDC Partnership:**

The Council on Quality and Leadership in their partnership agreement with the North Dakota Developmental Center for the next four years (2007 – 2011) included the following expectations.

The Center will have a **Commitment to External Capacity Building.**

- Expand community capacities through the facilitation of Community Life L.E.N.S. workshop to gather community data from the community of Grafton relevant to building a strong infrastructure specific to crisis intervention that will impact all community members throughout the state.

- Continued downsizing of NDDC according to the plan presented by NDDC during the accreditation visit.

The Center will have a **Commitment of Community Life Initiatives.**

The CQL expects the North Dakota Developmental Center to work in partnership with CQL over the coming four (4) years to collect data, analyze data and develop initiatives regarding key Community Life measures which impact all citizens. These initiatives may include areas such as:

- Affordable Housing
- Health Care
- Transportation
- Employment
- Education and Leisure
- Cultural and Leisure Activities
- Other issues unique to the North Dakota Developmental Center

**Action Steps for the North Dakota Developmental Center:**

The Developmental Center senior administrative team is developing a plan for the future based on the transition efforts and the CQL initiatives.

The next steps for the North Developmental Center include;

- 1) Review and change of mission for the Center
- 2) Discussion of a name change for the Center

## **Page Four: Future of North Dakota Developmental Center**

- 3) Key Community Life changes at the NDDC
- 4) Establishment of the Professional Institute
- 5) Expansion of the CARES function state-wide
- 6) Continuation of the transition efforts

### **Review and change of mission for the Center:**

The North Dakota Developmental Center is a provider of services to people with Developmental Disabilities similar to any provider in the state. The major difference is the sponsorship and funding of the organization. The Developmental Center is sponsored and funded by state government. The Center has significant expertise and experience in supporting people with disabilities. This plan builds on this significant expertise and experience. The senior administrative team is recommending we change the mission of the Center to reflect supporting individuals as a public provider of services with special emphasis on the community life initiatives of the Council on Quality and Leadership.

The facility will continue to emphasize transition efforts and place people in the least restrictive and most appropriate living setting. We will consider providing services to people with disabilities that fit into the proposed new mission and service criteria of the North Dakota Developmental Center.

### **Name Change:**

The name of the Center should be changed to reflect the new mission of the facility.

**Key Community Life changes at the NDDC:**

Develop the facility into a full-spectrum state-operated service provider to include ICF/MR and waived services. To include the creation of small independent living settings for individuals who exceed other resources. (ISLA, MSLA, and TCLF). This would include the following significant changes;

- 1) The cottages on the campus would become living settings for select individuals. This may include individuals in the age range of 18 – 25 that have exceeded community resources. Payment would come from a waived services option.
- 2) As the population decreases develop the campus to make it less institutional and more in line with CQL community living.
  - “Main Street Concept”.
  - “Home of your Own”.
  - Remodel living areas into individualized apartment settings.
  - Decentralize the dining room function. (Pilot is being worked on at this time).
- 3) Expand day supports and work opportunities.
- 4) Maintain Health Services Center for individuals with specialized medical needs.
- 5) Continue to offer space on the campus to agencies and organizations that are not providers of DD services. Expansion of the Westwood Park for senior housing and other community services.

**North Dakota Developmental Center Professional Services Institute:**

- Study and develop a Professional Services Institute to support the work of the CARES Team and utilize campus expertise for possible expansion to non- DD sector. Services may include; speech, occupational and physical therapy, adaptive equipment program, behavior analyst and psychology services, dietician consultation, dentist services and other professional staff as consultants for NDDC clientele and community programs. (Fee for service or contract).

**North Dakota Developmental Center CARES Team:**

The CARES team function is under the leadership of Dr. Paul Kolstoe, Director of Clinical Services at the North Dakota Developmental Center. A specialized team has been organized to assist community providers with crisis intervention services and consultation to maintain individuals in the least restrictive environment. The team consists of behavioral health staff, five behavioral analysts (one analyst located at the Developmental Center and four in the field), a social worker and Dr. Kolstoe. The Developmental Center also has two suites of eight total beds for short-term crisis admissions. The team is researching whether to locate staffing in the western part of the state through a contractual basis.

**Continuation of Transition Efforts:**

The goal of transition will be to transition individuals to the least restrictive and appropriate environment. As such we will continue to work toward the goals established by the Transition to Community Task Force.